



Pakistan Society for
Training & Development

Personal Mastery



This program builds on individuals learning about who they are and what makes them unique. Such confidence, once recognized, allows us to develop quality and meaningful relationships, which determine the quality of our communication. United in one purpose through mutually-agreed standards, goals and outcomes, we are able take ownership of plans and processes enabling us to manage obstacles and conflicts for common success.

Objective	Learn tools for self-analysis, build ownership and enhance interpersonal and conflict management skills
Know yourself	Types of mindsets • Understand 'self' and your Ego states
Set direction	Why have goals • How resourceful are you
Interpersonal victories	Fundamentals of Emotional Intelligence based on trust • Team decision making
Manage conflicts	Causes of conflict • Stages of conflict and resolution techniques

Trainer's profile:

Shireen Naqvi

Shireen's passion for uplifting the human spirit, coupled with her dutiful sense of discipline, makes her a source of transformative inspiration for all around her. She is an individual who defines the contours of ZIKR – the Carnelian values of Zeal, Integrity, Kudos and Renewal.

A Senior Consultant at Carnelian, Shireen is regularly invited by clients across Pakistan for challenging assignments, where her exposure to multi-cultural audiences and their nuances has led to her deep understanding of the human psyche.

Shireen's focus areas include Personal Development and Visionary Leadership. She excels in the field of Emotional Intelligence and aims to use her fresh and challenging business paradigm to build endurance in organizations.

She has conducted a variety of management development programs mainly covering Training of Trainers, Interpersonal Communication, Team Building and Team Working, Customer Service, Presentation Skills, Conflict Management, and Project Planning and Design.

She holds an MBA from the Institute of Business Administration, where she majored in Management Information Systems. She is also one of the founding directors at the School of Leadership (SoL), which is well known for its programs for the youth.

KARACHI

16th Nov 2017
9:00am - 5:00pm
PSTD, Karachi

Course fee: Rs. 25,500/-

(Plus GST) (Per participant)

Includes Course material, PSTD Certificate, Lunch, Refreshments & Business Networking

Want to run this program in-house,
Please Contact

Hasan Abbas

Regional Manager Sales - South

FOR REGISTRATION AND DETAILS CONTACT

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